



THE HORSE INSTITUTE®

We Transform Workplace Performance

**Welcome to the Horse Institute located in the Hudson Valley, New York
E3A C2/C3 Certification
September 14 – 22, 2019**



Here is some background information about our area to help you in planning your training. Our goal is to make your travel and lodging arrangements as easy as possible. The training dates happen to be at the beginning of the fall colors. Book early to get the best options.

Airports located near THI:

1. ALB – Albany International; Albany, NY. 1 h 13 min (64.8 mi)
2. EWR – Newark Liberty; Newark, NJ. 2 h 30 min (116.9 mi)
3. JFK – JFK International; Queens, NY. 2 h 21 min (107.7 mi)
4. LGA – LaGuardia Airport; Queens, NY. 2 h 14 min (101.1 mi)
5. BDL – Bradley International; Hartford, CT. 1 h 38 min (61.5 mi)
6. HPN – Westchester County Airport; White Plains, 1 h 34 m in (79.7 mi)
7. SWF – Stewart International Airport; New Windsor, NY. 1 h 11 min (61.4 mi)

Accommodations located near The Horse Institute:

Rates are for an 8-night stay based on a per person shared basis including tax. Check in Saturday, September 14, check out Saturday, September 21.

The Inn at Pine Plains; Pine Plains, NY. (3.5 miles from The Horse Institute). Two suites with queen size beds, shared bathroom. Wifi, continental breakfast, and other amenities included.

- **Mashomack:** Suite for two people, shared bathroom 7 nights including breakfast \$836 per person.
- **Tamarack Suite:** Suite for two people, shared bathroom 7 nights including breakfast \$762 per person

Contact innkeeper for reservations: Patty Vincent 518-771-3117. Participants should say that they are with the E3A training to be held at The Horse Institute.

What's in Pine Plains:

The Stissing House – Second oldest Inn in America. Michel and Patricia Jean, owners of **Stissing House**, bring decades of noted culinary experience, including Provence in New York City, to their restaurant in the Hudson River Valley. Open Thursday through Sunday.

Lia's Mountain View - Relaxed family-run Italian joint featuring homemade pasta, meat & seafood dishes in comfy surrounds. Closed Mondays.

Tower Pizza

Pine Plains Platter

El Guacamole Mexican Grill - Authentic Mexican food with fresh ingredients. the owners want people to feel that you are at a Mexican table eating with your family and friends.

Spud Shack – A 50's Style Diner hamburger joint with fresh locally sourced meat and fresh cut fries along with signature milkshakes.

Peck's Market - Small town grocery store that has changed little over the decades. Standard items plus a few more expensive specialty things aimed at part-time residents from NYC area.

Pine Plains Pharmacy – 518-398-5588. Our locally owned community pharmacy. Fast Courteous Service, Competitive Prices, Most Insurances Accepted.